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Headteacher: Mrs KL Edmenson

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Dear parent/carer

Re: Health information

A number of children have recently been absent from school with sickness and diarrhoea.

I would like to reassure you that sickness and diarrhoea is a mild infection and people usually recover fully within 2-3 days. No specific treatment is needed, but it is important to drink plenty of fluids to prevent dehydration.

As you will know, sickness and diarrhoea is highly contagious and spreads easily from person to person, especially in close communities such as schools, therefore, we are asking for your help to prevent further illness within the school by following advice in the checklist below:

- If your child develops symptoms of diarrhoea and/or vomiting you should keep them off school and away from other childcare settings such as childminders until they have been symptom free at least 48 hours.
- Good hygiene is important to stop the spread of infection, especially hand washing, frequently and thoroughly with soap and water, particularly after using the toilet and before eating.
- Good hygiene in the home will also help prevent spread to other family members. If possible separate toilets and towels should be used and door handles, wash basins and toilet handles should be frequently cleaned.
- If symptoms do not resolve after 48 hours or if you are concerned please contact your GP by phone or for health enquiries call 111.

We will be reminding children about washing hands in school and continue to be vigilant cleaning classroom equipment. We would like to thank you for your support in this matter.

Mrs Edmenson
Head Teacher

(Accessible formats available on request)

